

## Do I need to do anything?

What would be really helpful would be to make sure the details we have for you are up to date – your name, address, email, age etc. You can do this when you fill out your record form at session. Alternatively, you can contact us online at [scotblood.co.uk](https://scotblood.co.uk)

The people who receive your blood cannot thank you personally. So on their behalf – **thank you.**

## Contact us

w: [scotblood.co.uk](https://scotblood.co.uk)  
t: 0345 90 90 999

 [givebloodforscotland](https://www.facebook.com/givebloodforscotland)

 [@givebloodscot](https://twitter.com/givebloodscot)

Making an  
appointment  
to give blood



This publication can be made available in large print, braille (English only), audio tape and different languages. Please contact us at [scotblood.co.uk](https://scotblood.co.uk) for more information.

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**GIVE BLOOD**

From Spring 2020 onwards, we will begin rolling out appointments to all community blood donor sessions across Scotland.

Appointments will now be bookable from four weeks before your session, by online donor account, phone or [scotblood.co.uk](http://scotblood.co.uk) contact form.

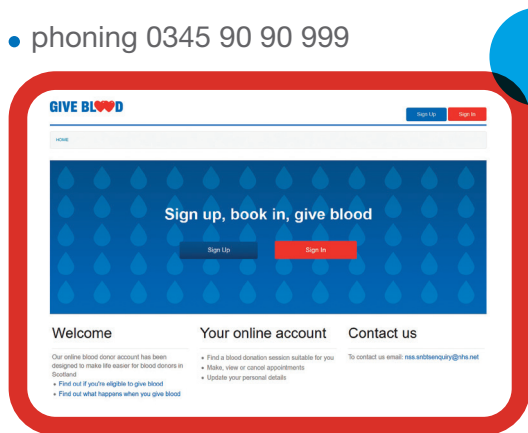
## Why should I make an appointment?

Giving blood by appointment enables us to regulate blood stocks to better meet the needs of Scotland's patients. When you book an appointment, we know hospitals can rely on your blood type on that date, ensuring there will always be enough for patients when needed.

## How can I book an appointment?

Four weeks before the session, you will be able to book an appointment by:

- using the new online donor account at [scotblood.co.uk](http://scotblood.co.uk)
- phoning 0345 90 90 999



## Why four weeks?

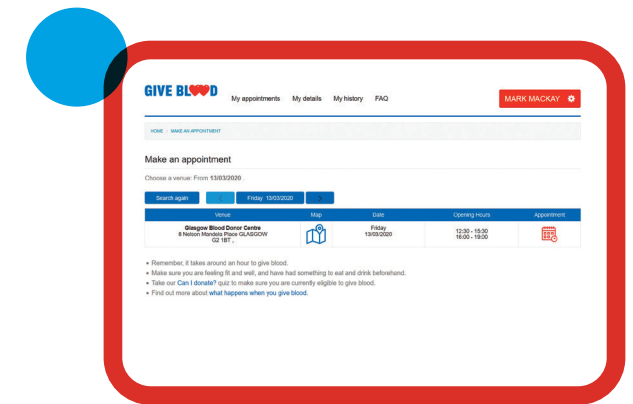
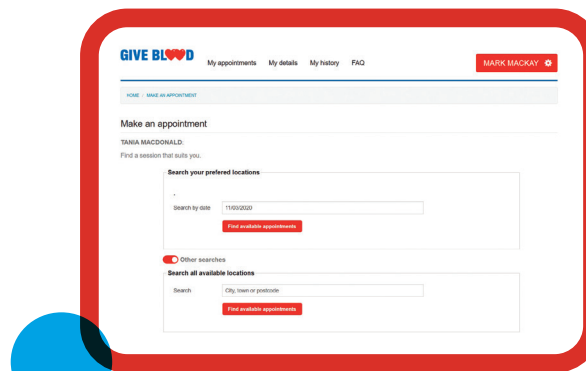
Occasionally if stocks of a particular blood group are low, we ask people with that blood group to make a special effort to give blood. Our appointments start filling up very quickly in response to our requests. By opening up the appointments only four weeks in advance we can be more responsive to the current transfusion needs of the patients in Scotland, by booking donors whose blood group we particularly need.

## How will I know when to book in?

Appointments will be bookable from four weeks in advance of the session. If we particularly need your blood group we will contact you to make an appointment.

## What is the online donor account?

Our new online donor account enables donors to make, view and cancel blood donation appointments. You can also use it to update a number of personal details, including your address.



## When can I use it?

We're gradually rolling out the online donor account across the country over the next eighteen months. It will go live in your area four weeks before the next session.

## How do I use it?

Simply search for your session on [scotblood.co.uk](http://scotblood.co.uk) – you'll see a blue 'Online booking' button beside your session that takes you straight to your online account. Click this and follow the instructions to create your own online donor account.

## Will I be able to use the online donor account to book appointments at other venues?

Initially, the online donor account will only be available at a limited number of venues. Over the next eighteen months, it will become available on a rolling basis to all sessions across Scotland.