



I am intending to give blood, should I do this during the outbreak of Swine Flu?

We are still collecting blood as normal during this outbreak of Swine Flu. We are therefore asking all blood donors to keep their appointments to donate blood in the normal way. However, if you are unwell with flu-like symptoms, you should not give blood. Please remain at home and ring NHS 24 or your GP to get further advice. If you feel well and meet our normal donor selection rules, (including the travel rules), you can still donate. Please remember patients still need blood for vital treatments everyday, so it is really important that blood donors continue to give blood throughout this period.

As usual, if you have given blood and have become unwell (except for a cold or cold sore) in the two weeks following your donation, or you believe there is a reason that your blood should not be transfused to a patient, please ring our donor helpline as soon as possible on 0845 30 17270.

Thank you for your help.